

Adolescent Resource Newsletter

August 2003

This is a monthly newsletter produced as part of a national project to *Improve the Quality of Life for Adolescents with Juvenile Idiopathic Arthritis* and aims to support professionals involved in the care of young people by highlighting opportunities for professional development and signposting useful resources.

The project is funded by the Arthritis Research Campaign and is undertaken on behalf of the British Paediatric Rheumatology Group, Children's Chronic Arthritis Association, Lady Hoare Trust for physically disabled children and Arthritis Care.

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Disclaimer

The inclusion of these resources should not be construed as BPRG/ARC/CCAA/LHT/AC endorsement or support of any information or products mentioned there. They have been identified as potentially useful resources and whilst every care has been taken to ensure that they are appropriate for adolescents with JIA, the authors accept no responsibility for the accuracy or suitability of their content.

Adolescent Bookshelf

For Professionals

DRUGS

 *First Steps in identifying young people's substance-related needs'*

A new Home Office publication which provides a framework for identifying substance misuse needs.

A copy of the guidance and facts sheets can be downloaded from

www.drugs.gov.uk/ReportsandPublications/YoungPeople/

PEER SUPPORT

 *An evaluation of a young disabled people's peer mentoring/support project'.*

This project developed a range of activities to help young disabled people develop their confidence and skills as they move into independent adulthood. Read it at:

www.jrf.org.uk/knowledge/findings/socialcare/813.asp

CAREERS



How disabled people manage in the workplace

This study explored how disabled people get by in the workplace and looked at the nature of the support they require and receive

www.jrf.org.uk/knowledge/findings/socialcare/793.asp

RESOURCES FOR WORKING WITH YOUNG PEOPLE



Useful textbooks published by Save the Children Fund for those who work with young people aged 12-18 years

Include

Participation – Spice it up. Practical tools for engaging children and young people in planning and consultations (£18.95 plus p&p)

Challenging Transitions. Young People's views and experiences of growing up in the UK. (£7.50 plus p&p)

Wise Up.... Bullying, education, equality, having your say, sexual health, staying healthy and work.

Pocket sized guides for young people (£5 for 20 plus p&p)

See

www.savethechildren.org.uk

Adolescent Webwatch

For professionals

TRANSITION



Transition Info and Resources, Illinois

The Illinois Division of Specialized Care for Children has recently added a new section on their web site that focuses on Transition Information and Resources. This site provides access to information and forms developed by DSCC, as well as other resources, including:

The Transition Information Sheet for Families

Teaching Sheets (Kentucky Commission for Children with Special Health Care Needs)

Transition Timeline (Office of Children with Special Health Care Needs, Washington State)

The Health Care Checklist (adapted from other health care checklists)

School to Work Checklist (adapted from Young Adult Services Program, South Bend, Indiana)

Employment Information Sheet (adapted NICHYC)

Preparing for the Future: Transition to Adulthood (Illinois Chapter of AAP)

Questions to Ask Potential Adult Care

Bridging the Gap Between Pediatric and Adult Services - a guide

To access the DSCC site directly, go to:

<http://internet.dsccl.uic.edu/dscclroot/parents/transition.asp>

For Young People

FINANCIAL ASSISTANCE

 www.dfes.gov.uk/studentssupport

Government website for young people aiming for higher education in England and Wales, parents and professionals. Guides such as “**Financial support for higher education students**” offers comprehensive advice on the range of help currently available including: help towards the costs of tuition fees, living costs, extra help for people who have a disability.

 **Financial help for students**

Useful booklet which provides young people 16-18 of 19 and continuing on an existing course of training, with information about the different kinds of help on had with costs. Available on the Connexions Card website www.connexionscard.com/financialhelp or via DfES publications, Ref: DfES/0053/2003.

Poster available Ref: FHFS/poster/03

DfES Publications
PO Box 99
Sudbury
Suffolk
CO10 2SN
Tel: 0845 602 2260
Fax: 01787375 920

VOLUNTEERING

 **Millennium volunteers**

Launched in January 1999, this programme (currently around 150 projects around England, involving 100 000 young people) offers anyone aged 16-24, whatever their circumstances, the opportunity to “build on what you’re into”! MV offers young people volunteering activities based on their own interests or concerns – great for personal development and the chance to make a difference to their communities while they’re improving their work skills. The value of “MV on your CV” is increasingly being recognised by employers.

For more information – www.mvonline.gov.uk or call 0800 9178185

CAREERS

 www.sky.com/rfts

RFTS is Reach For The Sky - Sky’s flagship initiative to support and inspire young people to achieve their potential. Includes the Job GP where young people can email in career choice queries “what do you need to become a” or guidance in writing a cv etc

ARTHRITIS IN TEENAGERS

 www.bbc.co.uk/birmingham/teens

Article written by young sixth former in Birmingham who wants to be a journalist for the teenage section of the Birmingham website. Worth looking at the local section of the BBC website for your area and see if there is potential for something similar for the aspiring journalists in your clinic!!

Useful Organisations



UK Youth
20-24 Kirby St
London EC1N 8TS
Tel: 020 7242 4045
Fax: 020 7242 4125
Email: General enquiries: info@ukyouth.org
Publications: publications@ukyouth.org
Website www.ukyouth.org

Largest youth work charity in the UK. Produces useful resources for working with young people including:

Words hurt too: young people and bullying (£19.75)
Mind Matters (resource books on mental health issues £19.75 each)
Various posters – useful for adolescent clinic waiting areas

Important dates for the diary

Sexual Health Week beginning 4th August 2003

See the Family Planning Association Website for further details:
www.fpa.org.uk

***Do you know of any other useful resources or opportunities for professional development? If you do, please let us know by email to:
B.Thomas.1@bham.ac.uk***