

Adolescent Resource Newsletter

September 2003

This is a monthly newsletter produced as part of a national project to *Improve the Quality of Life for Adolescents with Juvenile Idiopathic Arthritis* and aims to support professionals involved in the care of young people by highlighting opportunities for professional development and signposting useful resources.

The project is funded by the Arthritis Research Campaign and is undertaken on behalf of the British Paediatric Rheumatology Group, Children's Chronic Arthritis Association, Lady Hoare Trust for physically disabled children and Arthritis Care.

Clinical Director: Dr Janet McDonagh
National Programme Director: Dr Karen Shaw

Enquiries to: Mrs Bev Thomas – Project Secretary





Main Project Office, Institute of Child Health, Diana, Princess of Wales Children's Hospital
Steelhouse Lane, Birmingham B4 6NH. Tel: 0121 333 8743 Email: B.Thomas.1@bham.ac.uk

Disclaimer

The inclusion of these resources should not be construed as BPRG/ARC/CCAA/LHT/AC endorsement or support of any information or products mentioned there. They have been identified as potentially useful resources and whilst every care has been taken to ensure that they are appropriate for adolescents with JIA, the authors accept no responsibility for the accuracy or suitability of their content.


Adolescent Bookshelf


References for professionals

-  Beresford BA, Sloper P. chronically ill adolescents' experiences of communicating with doctors: a qualitative study. J Adol Health 2003;33:172-9.
-  Michaud P-A, Colom P. Implementation and evaluation of an internet health site for adolescents in Switzerland. J Adol Health 2003;33:287-290.
-  Kraus B, Stronski S, Michaud PA. Training needs in adolescent medicine of practising doctors: a Swiss national survey of six disciplines. Med Educ 2003;37:709-14.
-  Miauton L, Narring F, Michaud PA. Chronic illness, lifestyle and emotional health in adolescence: results of a cross-sectional survey on the health of 15-20 year olds in Switzerland. Eur J Pediatr 2003;162:682-9.


Adolescent Webwatch

ARTHRITIS


 www.jointzone.org.uk
Interactive Rheumatology website aimed at medical students. Funded By ARC and developed at Southampton University and Southampton General Hospital. Deals mainly with adult conditions, but does include a section on Juvenile Rheumatic disorders.


 www.mylupus.org
Website set up by the parent of a teenager with Lupus. Aimed at helping people with lupus to share and talk to others with lupus. Also has links to other relevant sites.


 www.bbc.co.uk/birmingham/teens/2003/08/kids_arthritis.shtml

 www.bbc.co.uk/birmingham/teens/2003/08/teens_weekaway.shtml
Local BBC website aimed at teens. Features a number of articles about arthritis. Birmingham website staff have been very proactive at involving young people in Birmingham to contribute to the site.

GENERIC HEALTH ISSUES

 www.psoriasis.org
US website of the National Psoriasis Foundation. Provides information and support for people with psoriasis and their families, including teenagers. Currently includes information on going back to school.

 www.makingsenseofhealth.org.uk
Making Sense of Health (MSH) is an education project developed by DPP (Developing patient partnerships) in collaboration with Radcliffe Medical Press and Software Production Enterprises. The MSH initiative offers a one-stop health resource for teachers, parents, and pupils in primary and secondary education. MSH aims to empower patients to make informed personal health decisions, engage with community health issues, use NHS services appropriately and promote careers in healthcare by providing high quality information in an exciting package.

 www.exercisealliance.org.uk
The Exercise Alliance (EA) aims to provide impetus, co-ordination, direction and support to the plethora of physical activity (PA) and health based initiatives and PA opportunities in Leicestershire, Leicester and Rutland. The Exercise Alliance is a developing multi-agency 'umbrella' organisation for such action and is funded through the Leicester City Health Action Zone (HAZ) managed by Leicestershire Health Authority.

SPECIAL NEEDS

 www.medicalhomeinfo.org
US website of the National Center of Medical Home Initiatives for Children with Special Needs, located within the American Academy of Pediatrics. The site provides guidance and a number of resources and tools for families and health care professionals

Useful Organisations

Posters

Good generic adolescent posters suitable for waiting areas eg.

Mind Step Posters (£13.50 plus p&p)

Young Men Talking Poster set (£12.95 plus p&p)

Shining from the Inside (£12.95 plus p&p)

ukyouth

2nd floor Kirby House

20/24 Kirby St

London EC1N 8TS

Tel: 0207 242 4045

Fax: 0207 242 4125

www.ukyouth.org

Useful Information

- i** **Work and musculo-skeletal conditions, London, Tuesday 9th December 2003**
One day conference organised jointly by the Royal college of Physicians, British Society for Rheumatology and the British Society of Rehabilitation Medicine.
Costs between £115 - £190.

- i** **October 12-19, 2003. Ask About Medicines Week (AAMW)**
The overarching aim of AAMW is to enable people to make better use of medicines through a series of local and national activities that will:
- increase people's understanding of their medicines
 - create more opportunities to ask questions and address concerns about medicines
 - encourage health professionals to help patients ask questions about their medicines
 - help patients to get involved in decisions about medicine taking
 - improve access to further sources of helpful, reliable medicines advice and information.

See www.askaboutmedicines.org for further details

Do you know of any other useful resources or opportunities for professional development? If you do, please let us know by email to:

B.Thomas.1@bham.ac.uk