

Adolescent Resource Newsletter

February 2004

This is a monthly newsletter produced as part of a national project to *Improve the Quality of Life for Adolescents with Juvenile Idiopathic Arthritis* and aims to support professionals involved in the care of young people by highlighting opportunities for professional development and signposting useful resources.

The project is funded by the Arthritis Research Campaign and is undertaken on behalf of the British Society of Paediatric and Adolescent Rheumatology, Children's Chronic Arthritis Association, Lady Hoare Trust for physically disabled children and Arthritis Care.

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Disclaimer

The inclusion of these resources should not be construed as BSPAR/ARC/CCAA/LHT/AC endorsement or support of any information or products mentioned there. They have been identified as potentially useful resources and whilst every care has been taken to ensure that they are appropriate for adolescents with JIA, the authors accept no responsibility for the accuracy or suitability of their content.

Adolescent Bookshelf

Leaflets for Young People



Exercise, diet and no-smoking!

Newsletters and posters for teenagers re: physical activity, diet, smoking etc from the British Heart Foundation. Available free from

www.bhf.org.uk
14 Fitzhardinge St
London W1H 6DH
020 7935 0185



Vocational


“into work experience. Positive experiences of disabled people.”


A free booklet produced by SKILL National Bureau for students with disabilities. A practical step to step guide to work experience for people with disabilities.

Available from
www.skill.org.uk

SKILL
Chapter House
18-20 Cricifix Lane
London SE1 3JW
020 7450 0620
Fax: 020 7450 0650
Email skill@skill.org.uk

References for professionals

 Bravender T, Price NC, English A. Primary care providers' willingness to see unaccompanied adolescents. J Adol Health 2004;34:30-36.

 A new issue in the Research Works series entitled ACCESS TO AND USE OF PATIENT ADVICE AND LIAISON SERVICES (PALS) BY CHILDREN, YOUNG PEOPLE AND PARENTS - A NATIONAL SURVEY is now available on SPRU's website at: <http://www.york.ac.uk/inst/spru/pubs/rworks/dec2003-4.pdf>.

Copies of the full research report, priced £7.00, are available from SPRU's Publications Office.
Email: spruinfo@york.ac.uk
Publications Office tel: 01904 321950
Social Policy Research Unit
University of York
Heslington
York YO10 5DD

Adolescent Webwatch

For Young People

Driving

 www.roadreadyteens.org

A US based site with an on-line video game called Streetwise, designed to emphasize safety by teaching teenage drivers to stay focused and how to anticipate common distractions. Sponsored by Daimler-Chrysler.

For Professionals

Sexual Health and Relationships

 <http://www.sensecds.com>

Interactive "Sense Sex and Relationships CD" produced with the National Children's Bureau and advice from young people, parents and professionals. Offers clear, honest, practical advice and support on sex and relationships for 14-16 year olds. (£21.99 for single home use)

Health Promotion (general)

Health Promotion England closed in 2002. The core functions including informational resources were transferred to the Department of Health. The following websites provide information on the areas of work transferred to the DoH.

Alcohol

 www.doh.gov.uk/alcohol or www.wrecked.co.uk

Drugs

 www.doh.gov.uk/drugs

 <http://talktofrank.com>

NB CANNABIS RECLASSIFICATION

A section on the reclassification of Cannabis can be found on www.drugs.gov.uk and includes answers to frequently asked questions. You can view it at: www.drugs.gov.uk/NationalStrategy/CannabisReclassification

More details about the reclassification can be found on the FRANK site at www.talktofrank.com

Sexual Health

 www.doh.gov.uk/sexualhealthandhiv

 www.playingsafely.co.uk

General Health Promotion

For a list of Health Events

 www.doh.gov.uk/healthevents2004

For details of national suppliers of health promotion resources

 www.doh.gov.uk/wheretofind

To order Department of health Publications, please contact

Department of health Publications
PO Box 777
London SE1 6XH
Tel: 08701 555 455
Fax: 01623 724 524
Email: doh@prolog.ukj.com

Forthcoming Dates and Meetings for your diary!

Feb 9-15 Contraceptive Awareness Week

For more information contact the Family Planning Association 020 7923 5216

www.fpa.org.uk

10 March 2004 No Smoking Day

For more information

0870 770 7909

Fax: 0870 770 7910

Email: mail@nosmokingday.org.uk

www.nosmokingday.org.uk

18 March 2004 Take Your Daughter to Work Day

Organised by the Guide Association, to promote awareness amongst girls of the diversity of the working world. It is about showing girls the range of jobs and careers that they can pursue and giving them the knowledge and confidence to find the right jobs in the future.

For more information,

www.girlguiding.co.uk

Do you know of any other useful resources or opportunities for professional development? If you do, please let us know by email to: j.e.mcdonagh@bham.ac.uk