

Adolescent Resource Newsletter

February 2005

To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development .

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Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents with chronic illness and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content.

Adolescent Webwatch

FOR YOUNG PEOPLE

 <http://www.teenhealthfx.com/index.php>

US-based teenage health site funded by Hospitals in New Jersey and maintained with input from teenagers and support from community leaders. Community Health Education and the Adolescent/Young adult centre for health at the Goryeb Children's Hospital are responsible for the content and operation of the site. The stated goals of the site is to provide young people with an online resource for any and all of questions regarding their health, relationships, their bodies and their sexuality. For local young people it also services to help them, access medical, mental health and other support services.

 <http://www.bbc.co.uk/blast/>

On-line opportunities for young people interested in being creative whether it be music, words, visual media etc

Careers advice/information for young people

Social work

 www.gsc.org.uk

 www.socialworkcareers.co.uk

or phone 0207397 5800

Teaching

 www.teach.gov.uk

Childcare

 www.childcarecareers.gov.uk

Information about careers in child care in UK. Includes a quiz to see what sort of childcare job would be right for them!

Substance use

 www.knowthescore.info

Scottish site for drugs advice and information. Has sections for young people, parents and professionals. Also has a '**Know the Score**' helpline on 0800 587 5879,

FOR PROFESSIONALS

Substance misuse

Drug Use, Smoking And Drinking Among Young People In England In 2003

The latest statistics now available at:

 www.dh.gov.uk/PublicationsAndStatistics/PublishedSurvey/ListOfSurveySince1990/SurveyListLifestyle/fs/en

Adolescent Health Training Resources

 www.euteach.com

The excellent Euteach (European Teaching Effective Adolescent Care and Health) site has recently been re-vamped and worth a visit!! for everyone involved in teaching adolescent health topics

 www.usc.edu/adolhealth

An educational site developed by Prof. Lawrence Neinstein in Los Angeles, which provides material in many areas related to adolescent medicine and health. This site was developed for use by health care professionals involved in either the teaching of adolescent health or clinical care of adolescents and young adults.

Adolescent Bookshelf

FOR YOUNG PEOPLE

Education

Education Maintenance Allowance

A Student's guide to Education Maintenance Allowance 2005/2006 now available in leaflet form. Young people may be able to get up to £30 a week EMA if they are 16 and heading for college or school sixth form or staying on in a special school. They can get EMA if their household has an income of £30 000 or less and their course involves at least 12 hours of guided learning per week. There are also £100 bonuses if they stick with their course and make good progress. For further information check out:


www.ema.dfes.gov.uk

Free helpline for young people and parents
080 810 16 2 19

For copies of leaflet

Email: dfes@prolog.uk.com and quote ref: DfES0782/2005

For Professionals

 Buchbinder MH, Detzer MJ, Welsch RL, Christiano AS, Patashnick JL, Rich M. Assessing adolescents with insulin-dependent diabetes mellitus: a multiple perspective pilot study using visual illness narratives and interviews. *J Adol Health* 2005;36:71.e9-71.e13

 **Emerging Adulthood. The winding road from the late teens through the twenties by JJ Arnett. (2004. Oxford University Press).**

An interesting consideration of late adolescence and early adulthood! Addressing both the changes in the study of adolescent behaviour and the changes in the nature of adolescent development in Western society, this informative collection of readings provides a comprehensive cross cultural perspective of adolescent development. Covering every aspect of adolescent development as it takes place in cultures worldwide and historically, this book takes a longer age range approach to emerging adulthood and provides a look at this pivotal developmental period extending into the early twenties. First chapter available as a taster (!) on the author's website: www.jeffreyarnett.com

Forthcoming Dates and Meetings for your diary!

8 March 2005, Royal College of GPs, London.

"Getting it Right: challenging behaviours in teenagers in general practice"

The aim of this one day workshop is to equip clinicians and staff in general practice to deal more confidently with challenging behaviours in young people. Topics to be covered include self harm, sexual risk-taking, eating disorders, drugs and alcohol, conduct disorders and safeguarding young people in a confidential setting. Cost £145 (RCGP Members £135) including lunch.

For more information see:

<http://www.extension.rcgp.org.uk/press/pceventdetails.asp?eventID=1182>

or contact: nwhitelock@rcgp.org.uk

7 April 2005

World Health Day "Make every mother and child count"

<http://www.env-health.org/a/1427>

6,13,27 April & 11 May 2005

Bridging the Gaps: Health Care for Adolescents

Dates: 6, 13, 27 April & 11 May 2005 A series of 4 study days in Adolescent Health are planned at Birmingham Childrens Hospital, Spring 2005 as part of the University of Birmingham multidisciplinary MSc in Child Health but each day will also be open to any interested health professional. The series aims to follow the curriculum as proposed by the Euteach model (www.euteach.com) and the Bridging the Gaps document [www.rcpch.ac.uk 2003]. For further information contact: D.reay@bham.ac.uk Tel: 0121 333 8710

July 11-15 2005

3rd EuTEACH Summer School in Adolescent Health and Medicine, Lausanne, Switzerland

For further information:

www.euteach.com

Self-Portrait UK 14-19 Touring Exhibition

<http://www.channel4.com/learning/microsites/S/selfportraituk14to19/index.html>

Channel 4's Self Portrait UK 14–19 is a new campaign for the national Channel 4 project, Self Portrait UK. The project challenges 14–19 year-olds to explore their culture and identity, by making a self-portrait about who they are, what they want to say and how they want to be seen.

Sunderland Museum & Winter Gardens

10 December 2004 - 27 February 2005

www.twmuseums.org.uk/sunderland

Manchester Art Gallery

8 April - 26 June 2005

www.manchestergalleries.org

National Museum & Gallery, Cardiff

8 July - 25 September 2005

www.nmgw.ac.uk/nmgc

Peterborough Digital Arts, Museum & Gallery

8 October - 20 November 2005

www.pdarts.org.uk

The New Art Gallery, Walsall

9 December 2005 - end of January 2006

www.artatwalsall.org.uk

The BBC teenage section of the BBC website are doing something similar as well!!!:

<http://www.bbc.co.uk/teens/lads/beardedlady/snapped/index.shtml>

Do you know of any other useful resources or opportunities for professional development? If you do, please let us know by email to:

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