

Adolescent Resource Newsletter

April 2005

To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development .

Editor: Dr Janet E McDonagh, ARC Clinical Senior Lecturer in Paediatric and Adolescent Rheumatology

**Enquiries to: Mrs Barbara Moore
Academic Secretary to Dr Janet E McDonagh**

Institute of Child Health, Diana, Princess of Wales Children's Hospital
Steelhouse Lane, Birmingham B4 6NH. Tel: 0121 333 8730 Email: b.g.moore@bham.ac.uk

This newsletter was originally developed as part of a project (completed September 2004) funded by the Arthritis Research Campaign and undertaken on behalf of the British Society of Paediatric and Adolescent Rheumatology, Children's Chronic Arthritis Association, Lady Hoare Trust for physically disabled children and Arthritis Care.

Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents with chronic illness and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content.

Adolescent Webwatch

FOR YOUNG PEOPLE

 www.youthshakers.org

US based site with focus on peer education, materials for young people

 www.brook.org.uk

New publications from Brook including poster, postcards and credit cards – ideal for waiting areas!

Order online or


Fax: 0207 284 6050


Email: judeK@brookcentres.org.uk


Adolescent Bookshelf

For Professionals

 Beresford B. On the road to nowhere? Young disabled people and transition. Child: Care, Health and Development 2004;30:581-587.

 Clayton PE, Cuneo RC, Juul A, Monson JP, Shalet SM, Tauber M. Consensus statement on the management of the GH-treated adolescent in the transition to adult care. *Eur J Endocrinology* 2005;152:165-170.


 Shaw KL, T R Southwood and McDonagh JE on behalf of the British Society of Paediatric and Adolescent Rheumatology. Growing up and moving on in Rheumatology: a multicentre cohort of adolescents with Juvenile Idiopathic Arthritis. *Rheumatology (Oxford)* 2005 Mar 15; [Epub ahead of print]

 Sawyer SM, Farrant B, Cerritelli B, Wilson J. A survey of sexual and reproductive health in men with cystic fibrosis: new challenges for adolescent and adult services. *Thorax* 2005;60:326-330.

 Tripp J, Viner R. ABC of Adolescence: Sexual health, contraception and teenage pregnancy. *BMJ* 2005;330:590-593.

 Waylen A, Wolke D. Sex 'n' drugs 'n' rock 'n' roll: the meaning and social consequences of pubertal timing. *Eur J Endocrinology* 2004;151: U151-U159.

 Yeo M, Sawyer S. ABC of Adolescence:Chronic illness and disability. *BMJ* 2005;330:721-723

 Bonomo Y, Proimos J. ABC of Adolescence. Substance misuse: alcohol, tobacco, inhalants and other drugs. *BMJ* 2005;330:777-780.

Adolescence and the Transition to Adulthood – 2004 Conference Summary (US-based)

This summary of a US November 2004 conference synthesizes research and associated policy implications in areas like education, workforce development, and civic engagement.

http://www.about.chapinhall.org/conferences/NovATA/Conference_Summary_Final.pdf

Positive Futures impacts on communities launch on the 'Staying in Touch' Report (UK-Based)

Recent report from “Positive Futures” - a Home Office programme that works to widen horizons by providing access to lifestyle, educational and employment opportunities for young people living in the most deprived areas of England and Wales.

To order the report see www.drugs.gov.uk/ReportsAndPublications or phone 0870 2414680 quoting reference DSD 22

Guidelines for Adolescent Nutrition Services

The University of Minnesota's Leadership, Education, and Training Program in Maternal and Child Nutrition has published Guidelines for Adolescent Nutrition Services with support from the Maternal and Child Health Bureau.

The book focuses on the biological, psychosocial and cognitive changes that begin during puberty and continue through adolescence and that directly affect nutritional status and nutrient needs. It is intended as a resource for health professionals and educators on nutrition and adolescent pregnancy.

The book can be downloaded at
http://www.epi.umn.edu/let/pubs/adol_book.shtm



Improving the Health of Adolescents and Young Adults

The National Adolescent Health Information Center at the University of California, San Francisco has released two briefs adapted from *Improving the Health of Adolescents and Young Adults: A Guide for States and Communities*, the companion document to the Healthy People 2010 21 Critical Health Objectives.

The first brief, *Using Data 2004*, reviews major data sources and offers guidance for developing a youth profile and conducting a needs-and-assets assessment based on the 21 Critical Health Objectives. The second, *Best Practices Brief*, provides an overview of Best Practices and a comprehensive listing of resources available in adolescent health. The resources are organized according to the health areas represented by the 21 Critical Health Objectives for Adolescents and Young Adults. Both briefs can be found at
http://nahic.ucsf.edu/index.php/niih/article/niih_brief_documents/

Forthcoming Dates and Meetings for your diary!

2005 Year Of The Volunteer

For further details see
www.yearofthevolunteer.org/html/about.html

7 April 2005

World Health Day “Make every mother and child count”

<http://www.env-health.org/a/1427>

April Young People & Substance Misuse Regional Conference 2005: Partnership Working For Positive Change

A series of three one day regional conferences will provide delegates with an opportunity to explore the issues surrounding the new proposals for integrated services and what this will mean for people working in the substance

misuse sector. (£164.50)

Contact: Drugscope

Tel: 020 7928 1211

Email: events@drugscope.org.uk

5 April – Birmingham

11 April – Manchester

25 April - London

6,13,27 April & 11 May 2005

Bridging the Gaps: Health Care for Adolescents

Dates: 6, 13, 27 April & 11 May 2005 A series of 4 study days in Adolescent Health are planned at Birmingham Children’s Hospital, Spring 2005 as part of the University of Birmingham multidisciplinary MSc in

Child Health but each day will also be open to any interested health professional. The series aims to follow the curriculum as proposed by the Euteach model (www.euteach.com) and the Bridging the Gaps document [www.rcpch.ac.uk 2003]. For further information contact: D.reay@bham.ac.uk Tel: 0121 333 8710

6 May 2005

**Adolescent Health Programme
National Exhibition Centre Birmingham**

Part of the "Refresh" Programme www.primarycare2005.co.uk

Includes sessions on motivating young people, chronic fatigue, sex education, binge drinking and self harm. Free admission if register online!

9 June 2005

Key Challenges in Adolescent Health

Royal College of Physicians, funded by the Department of Health. For all health professionals to learn about new policy directions in the context of "Choosing Health" the public white paper and the Children's NSF. Topics to be covered also include training, primary care services for adolescents, obesity, self-harm, eating disorders, alcohol and sexual health.

For further information/registration (£55 per day inc lunch, refreshments and copy of "Key Data on Adolescence 2005")

Contact

Jane Schofield

Trust for the Study of Adolescence

23 New Rd

Brighton BN1 1WZ

Tel: 01273 647 340

Email: jschofield@tsa.uk.com

14th June 2005

"Childhood Obesity: responsible prevention, management & treatment through schools, families & primary care." University College London

To see the full programme follow this link

www.tandfevents.com/obesity.

or

email Simon.Boyd@tfinforma.com to be sent a copy of the brochure.

To secure your place at this important event that provides you with the chance to network with your peers from all over the UK, please register online at: www.tandfevents.com/obesity or call the bookings hotline on 020 7017 5507.

July 11-15 2005

3rd EuTEACH Summer School in Adolescent Health and Medicine, Lausanne, Switzerland

For further information:

www.euteach.com

Do you know of any other useful resources or opportunities for professional development? If you do, please let us know by email to:

j.e.mcdonagh@bham.ac.uk