

Adolescent Resource Newsletter

May 2005

To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development .

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Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents with chronic illness and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content.

Adolescent Webwatch

FOR YOUNG PEOPLE

 www.butyoudontlooksick.com

A US-based website set up by a young woman in her 20's who developed SLE as a teenager.

For Professionals

 www.teachernet.gov.uk/medical

New Guidance on Managing Medicines in Schools and Early Year Settings

The 1996 guidance 'Supporting Pupils With Medical Needs: A Good Practice Guide', has been updated to take account of changes to medical practice and the law, especially duties under the Disability Discrimination Act and to reflect the NSF (Standard 10, Medicines for Children and Young People).

New aspects of the guidance include advice on managing children and young people with the four most common childhood conditions for which children require medicines: asthma, epilepsy, diabetes and anaphylaxis (severe acute allergic reaction). Examples of useful forms can be downloaded, photocopied and adapted for use locally. The new guidance will be available from Prolog (DfES@prolog.uk.com) and also on the TeacherNet website (www.teachernet.gov.uk/medical). DfES will hold regional seminars during March 2005, to disseminate the guidance and to inform local practice.


 www.drugs.gov.uk/ReportsAndPublications

“Every Child Matters - Change For Children, Young People And Drugs”

This document sets out how those responsible for delivering children and young people's services and the drug strategy should work together to improve the futures of young people, their families and community.

Transition

Children's Hospitals Today (US) has published two articles on health care transition. :

 [http://www.childrenshospitals.net/Content/ContentGroups/Publications/Childrens_Hospitals_Today/Articles/200514/Transition to Independence Preparing Children with Special Health Care Needs for Adulthood.htm#resources](http://www.childrenshospitals.net/Content/ContentGroups/Publications/Childrens_Hospitals_Today/Articles/200514/Transition_to_Independence_Preparing_Children_with_Special_Health_Care_Needs_for_Adulthood.htm#resources)

 [http://www.childrenshospitals.net/Content/ContentGroups/Publications/Childrens_Hospitals_Today/Articles/20047/Transitioning Children with Special Health Care Needs.htm](http://www.childrenshospitals.net/Content/ContentGroups/Publications/Childrens_Hospitals_Today/Articles/20047/Transitioning_Children_with_Special_Health_Care_Needs.htm)

 www.youthhood.org

A new online research-based (US based) transition curriculum for use by students, parents, teachers, and others who work with transition-aged youth.

Adolescent Bookshelf

For Professionals

ABC of adolescence series

 Hawton K, James A. Suicide and deliberate self-harm in young people. BMJ 2005;330:891-894.

 Michaud PA, Fombonne E. Common mental health problems. BMJ 2005;330:835-838

 Viner R, Barker M. Young People's health: the need for action. BMJ 2005;330:901-903.

 Nicholls D, Viner R. Eating disorders and weight problems. BMJ 2005;330:950-953.

 Viner R, Christie D. Fatigue and somatic symptoms. BMJ 2005; 330:1012-5

 Viner RM, Barker M. Young people's Health: the need for action. BMJ 2005;330_901-3

 Tucker LB, Cabral DA. Transition of the adolescent patient with rheumatic disease: issues to consider. Pediatr Clin North Am 2005;52:641-52.

Forthcoming Dates and Meetings for your diary!

2005 Year Of The Volunteer

For further details see www.yearofthevolunteer.org/html/about.html

6 May 2005

Adolescent Health Programme National Exhibition Centre Birmingham

Part of the "Refresh" Programme www.primarycare2005.co.uk

Includes sessions on motivating young people, chronic fatigue, sex education, binge drinking and self harm. Free admission if register online!

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Key Challenges in Adolescent Health

Royal College of Physicians, funded by the Department of Health. For all health professionals to learn about new policy directions in the context of "Choosing Health" the public white paper and the Children's NSF. Topics to be covered also include training, primary care services for adolescents, obesity, self-harm, eating disorders, alcohol and sexual health.

For further information/registration (£55 per day inc lunch, refreshments and copy of "Key Data on Adolescence 2005")

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14th June 2005

"Childhood Obesity: responsible prevention, management & treatment through schools, families & primary care." University College London

To see the full programme follow this link

www.tandfevents.com/obesity.

or

email Simon.Boyd@tfinforma.com to be sent a copy of the brochure.

To secure your place at this important event that provides you with the chance to network with your peers from all over the UK, please register online at: www.tandfevents.com/obesity or call the bookings hotline on 020 7017 5507.

July 11-15 2005

3rd EuTEACH Summer School in Adolescent Health and Medicine, Lausanne, Switzerland

For further information:

www.euteach.com

Do you know of any other useful resources or opportunities for professional development? If you do, please let us know by email to:
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