

Adolescent Resource Newsletter

July 2005

To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development.

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Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents with chronic illness and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content.

Adolescent Webwatch

FOR YOUNG PEOPLE

Bullying

www.stoptextbullying.com

A new website from NCH (National Children's Home) designed to help young people who are experiencing intimidation make text bullying stop.

Advocacy

www.youngncb.org.uk/yourrights

Postcards to accompany the Young NCB Employment Rights webpages can be found at this website. There are 4 to collect, free to young people. (write/text NCB as below)

YNCB contact details:

Email: info@ncb.org.uk

Phone: 020 7843 6067

Mobile/text: 07734 581685

Participation

www.c8forum.org

C8 –the Children's Summit July 3-5, Dunblane, Scotland

A chance for young people all over the world to discuss issues like poverty and climate change – or get involved through a webchat on www.unicef.org/voy/discussions/forumdisplay.php?f=75.

Information and signposting

www.london.gov.uk/young-london

special website for children and teenagers living in London

Funding

Nuffield Science Bursary Scheme

This is not a work placement scheme, but an opportunity for post-16 school students to gain practical experience in carrying out a self-contained piece of scientific research in a professional setting. Nuffield provide the students with a weekly £70 bursary to assist with travel and other expenses – all hosts have to do would be to choose a research topic, select a suitable student and negotiate some supervision for 4-5 weeks this summer.

http://www.nuffieldfoundation.org/go/grants/scibsc/page_97.htm

£2,000 bursary for young disabled people (17-25 years) from SCOPE

Deadline: Friday 26th August 2005

Young, talented and looking for an opportunity to make a difference? David Grayson, one of Scope's patrons, is looking for dynamic candidates for a small bursary of up to £2,000 to assist you in your aspiration to succeed in life. The bursary is intended to give YP a chance to broaden their horizons and expand their capacity to make a positive impact in relation to their chosen cause or purpose. It might help them to undertake some additional study to travel in order to investigate a particular topic or cause by providing some seed-corn money allowing them to test out a project idea that they have. Additional benefits include access to a network of senior people through David and possible mentoring opportunities. As a candidate they will have a clear idea of where you aim to be in five or ten years' time and have the drive to get started as soon as possible.

To put their name forward for consideration, they should send a typed proposal no more than one page of A4 paper in length, and suggest names of one or two referees who are happy to be contacted, to: Barry Hayward, Fast-Track

Manager, Diversity Works, Scope, 6 Market Road, London N7 9PW. For further information on the bursary, please contact Barry Hayward, either by email barry.hayward@scope.org.uk or on 0207 619 2118

FOR PROFESSIONALS

Training

<http://www.caah.chw.edu.au/resources/#03>

Adolescent health resource kit for GPs from the Centre for Adolescent Health, Melbourne, Australia.

Drug Use

Drug use among vulnerable groups of young people: findings from the 2003 Crime and Justice survey.

www.drugs.gov.uk/ReportsAndPublications

This is a national survey with around half of the sample being under 25. The findings focus on the prevalence of drug use among several vulnerable groups identified in the Crime and Justice survey in the 10 to 24 age range.

Service Provision

**'The provision of integrated services by family centres and New Community Schools'.
<http://www.jrf.org.uk/redirect.asp?url=findings/socialpolicy/0235>**

This study of four integrated children's services across Scotland found that, from family's perspectives, continuity in services is very important.

from

Joseph Rowntree Foundation, The Homestead 40 Water End York YO30 6WP
Tel +44 (0)1904 629241 Fax +44 (0)1904 620072 www.jrf.org.uk

Money

**"Helping Young Adults become Financially Capable
<http://www.fsa.gov.uk/pages/Library/Communication/PR/2005/067.shtml>**

The Financial Services Authority (FSA) publishes a case study guide on how to help young adults (16-25 year olds) become more confident with money. The guide "Helping Young Adults become Financially Capable" brings together for the first time examples of current work in practice. Hard copies are available free of charge from FSA. Send requests by email. For more information about the guide see the FSA website.

Adolescent Bookshelf

For Professionals

 **Easy for you to say. Q&A for teens living with chronic illness or disability**


by Miriam Kaufman Medical Director of the Complex Adolescent Problem Programme, Hospital for Sick Children, Toronto. Available on Amazon.com

 **"What will doctors be doing by 2050"**

According to today's 16-18 year olds!! Interesting booklet of essays written by 16-18 year olds in response to a competition re: the future of medicine organised by the GMC. Copies are free from the GMC Please contact publications@gmc-uk.org Or telephone 0161 923 6315.

 **Young People in 2004.** (John Balding)


The Health Related Behaviour Questionnaire results for 40439 young people between the ages of 10 and 15. £45 each, cheques payable to Schools Health Education Unit
To SHEU, Rensdale House, Bonhay Rd, Exeter EX4 3 AY
Tel: 01392 667272 Fax: 01392 667269
Email: sheu@sheu.org.uk

 Laurence V, Gbolade BA, Morgan SJ, Glaser A. Contraception for teenagers and young adults with cancer. *European J Cancer* 2004;2705-2716.


 Bennett DL, Towns SJ, Steinbeck KS. Smoothing the transition to adult care. The most important need is for a change of attitude and approach. *Med J Aust* 2005;18:182:373-4.

 Betz CL, Redcay G. Dimensions of the transition service coordinator role. *J Spec Pediatr Nurs*

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 Lam PY, Fitzgerald BB, Sawyer SM. Young adults in children's hospitals: why are they there? Med J Aust 2005;182:381-4.

 Sancu L, Glover S, Coffey C. Adolescent health education programmes: theoretical principles in design and delivery. Ann Acad Med Singapore. 2003 Jan;32(1):78-85

 Viner RM, Cole TJ. Adult socioeconomic, educational, social and psychological outcomes of childhood obesity: a national birth cohort study. BMJ 2005;11:330(7504):1354. Epub 2005 May 17

Forthcoming Dates and Meetings for your diary!

2005 Year Of The Volunteer

For further details see www.yearofthevolunteer.org/html/about.html

7 July Integrating Young People's Substance Misuse Services

(London) £210 + VAT

Contact: Laura Hollis-Ryan Tel: 0208 675 5777 Email: laura.hollis-ryan@publicinnovation.org.uk

July 11-15 2005

3rd EuTEACH Summer School in Adolescent Health and Medicine, Lausanne, Switzerland

For further information: www.euteach.com

Thursday 29 September 2005 – London

SELF HARM - Identification, Treatment and Understanding

a one day, multidisciplinary conference looking at all aspects of self harm, To be chaired by: Professor Dinesh Bhugra, The Dean of The Royal College of Psychiatrists. To reserve your place or to receive a copy of the conference brochure, please email your details, including Name, Company, Address and Telephone number to simon.boyd@tfinforma.com or visit www.tandfevents.com/selfharm

November 1-7 National Youth Week

Theme “enjoying and Achieving”

For more information watch www.nya.org.uk

November 16

Students with disabilities: the transition from School to university

One day symposium at Royal Institute of Public Health, 28 Portland Place, London

To register : Email Michelle Gillham on mgillham@riph.org.uk or

For further info contact Penny Moore on 0207291 8361 email pmorre@riph.org.uk

Public sectors and charities £140

2006

March 22-25

Society of Adolescent Medicine, Boston, Massachusetts, USA

For further details see: www.adolescenthealth.org

Do you know of any other useful resources or opportunities for professional development? If you do, please let us know by email to:
j.e.mcdonagh@bham.ac.uk