

Adolescent Resource Newsletter

October 2005

To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development.

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Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents with chronic illness and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content.

Adolescent Webwatch

FOR YOUNG PEOPLE


Young People's Rights

 www.therightssite.org.uk - all about children and young people's rights.

Homeless Young People

 www.shelter.org.uk/knowyourrights - a website for homeless young people in the UK

Young people and Divorce

 www.cafcass.gov.uk - a website with information and help for children and young people who's parents/carers are separating or divorcing.

Young People and Policy Development

Young People's views wanted on the Youth Green Paper.

How would they make life better for teenagers? The Government wants their views! The To fill in a questionnaire click on

 <http://www.dfes.gov.uk/consultations/conDetails.cfm?consultationId=1324>

The deadline is Friday 4th November 2005.

Views wanted on the Young NCB website about what young people think the Government should do for young people

 <http://www.youngncb.org.uk/14-18/shouts/> or www.youngncb.org.uk/under13/

Young People and the Arts

 www.bbc.co.uk/blast.

Blast is a creative arts project which offers opportunities to explore young people's creative interests and gives encouragement to develop ideas, find contacts, showcase their work and become part of a dynamic creative community. They are currently running competitions with Eastenders, 1Xtra and BBC2, more details can be found on the website or by calling freephone on 0800 011 01

FOR PROFESSIONALS

Teenagers and Cancer

 www.tyac.org.uk

Teenagers and young adults with cancer – a national group for professionals

 <http://hctransitions.ichp.ufl.edu/ddcouncil/>

Health Care Transition Training Program for youth and families, developed by the Institute for Child Health Policy (University of Florida) with funding from the Florida Developmental Disabilities Council to help young people with disabilities and their families with the process of planning for and successfully completing a transition to adult oriented medical services.

This training program is divided into 5 chapters.

1. Introduction to Health Care Transition
2. The Consumer Perspective
3. School, Vocational, and Legal Systems
4. Promising Practices for Health Care Transition
5. Developing Health Care Transition Plans

Each Chapter includes 4 or 5 presentations. Each slide show presentation has an accompanying audio track and is about 15 minutes long. . In addition, video clips, written documents, and a resource section round out the educational experience. Users can go through the training program at their own pace; stopping and starting as they have time

In Chapter 5 (Developing a Health Care Transition Plan) users learn about developing a plan that addresses their specific goals and health care needs. Users also learn how to use Health Care Transition workbooks. These workbooks help you figure out what you need to know about transition and help you set goals that support the transition process.

Adolescent Bookshelf

FOR PROFESSIONALS

Publications from the Trust for the Study of Adolescence

📖 “Wavelength” A handbook of communication strategies for working with young people (£39.00)

📖 “Getting Through. Young People and communication”

📖 Training pack looking at communication in the context of everyday life and relationships (£70.50)

📖 Becoming Adult. Changing youth transitions in the 21st century by Liza Catan. (£10.95)

For more information and/or order on line

www.tsa.uk.com

Tel: +44(0)1273 693311

Fax: +44(0)1273 647322

Email: publications@tsa.uk.com

23 New Rd, Brighton, East Sussex BN1 1WZ.

📖 Gray NJ, Klein JD, Noyce PR et al. The Internet: a window on adolescent health literacy. J Adol Health 2005;37:243e1-243e7

📖 Talking together about contraception

A pack to support young people with learning disabilities who wish to access contraception. The pack has been divided into two user-friendly books: for everyone who works with or supports a young person with a learning disability; and for young people with learning disabilities. Produced by the Family Planning Association

£13.99 plus p&p

www.fpa.org.uk

FOR YOUNG PEOPLE

📖 “Everything you ever wanted to ask about things that can kill you! A teenage hypochondriac’s guide”. By Kreitman Tricia & Dr Rosemary Jones (Picadilly Press £6.99)

Covers the major health risks facing teenagers and offers sensible and realistic information and advice (Can be ordered on line www.tsa.uk.com)

📖 *Going Up. The no-worries guide to secondary school.*

J Alexander (A&B Publishers, £5.99)

An amusing book for teenagers on solving the day-to-day problems experiences when moving from primary to secondary school. (can be ordered on line www.tsa.uk.com)

Forthcoming Dates and Meetings for your diary!

2005 Year Of The Volunteer

For further details see www.yearofthevolunteer.org/html/about.html

October 3-7

Walk to School Week

www.walktoschool.org.uk

24 October 2005

Improving Healthy Outcomes of Young people Leaving Care conference.

Uttoxeter Race Course

South Staffordshire Healthcare NHS Trust is hosting this conference to raise the profile of the health needs of young people leaving care. For further details Contact Narriman Crofts 01543- 420427 narriman.crofts@ssh-tr.nhs.uk or Adam Morris 01785 – 257888 Adam.Morris@ssh-tr.nhs.uk

29th October 2005,

CSV Make a Difference Day

<http://www.csv.org.uk/Campaigns/Make+a+Difference+Day>

November 1-7 National Youth Week

Theme “Enjoying and Achieving”

For more information watch www.nya.org.uk

November 16

Students with disabilities: the transition from School to university

One day symposium at Royal Institute of Public Health, 28 Portland Place, London

To register : Email Michelle Gillham on mgillham@riph.org.uk or

For further info contact Penny Moore on 0207291 8361 email pmorre@riph.org.uk

Public sectors and charities £140

Self Portrait UK – national touring exhibition dates

The Self-Portrait UK 14-19 Exhibition includes of the most innovative images, videos and audiot self-portraits submitted to the campaign from across the UK by 14- 19 year olds

Peterborough Digital Arts, Museum & Gallery

8 October – 20 November

www.pdarts.org.uk

The New Art Gallery, Walsall

9 December 2005 - end of January 2006

www.artatwalsall.org.uk

**Forthcoming Young NCB (National Children’s Bureau) opportunities for young People
October – December 2005**

Children's Rights Talkshops

- Bristol on Saturday 8th October 2005
- Northern Ireland on Sat 12th November 2005
- Manchester on Saturday 10th December 2005.

At the talkshops young people will get to learn about your rights, meet fellow Young NCBers, go to workshops and find out what's happening in their local area.

There are 50 places available at each event. If young people are interested contact:

Email: info@ncb.org.uk

Phone: 020 7843 6067/6099

Mobile/text: 07734 581685

Forthcoming UNICEF opportunities for young people November – December 2005

Children's Rights roadshows:

- Cardiff on Saturday 19th November 2005
- Newcastle on Saturday 3rd December 2005

Young people will get the opportunity to learn skills such as fundraising, campaigning and public speaking. For more details check out their website

http://www.therightssite.org.uk/html/actnow_uyv_roadshow.htm or you can email emilye@unicef.org.uk

2006

March 22-25

Society of Adolescent Medicine, Boston, Massachusetts, USA

For further details see: www.adolescenthealth.org

March 23rd 2006

'Transitions'

This conference will deal specifically with moving from paediatric to adult health care. Speakers will include young people themselves, and people from clinical, multi professional and multi agency teams who are leading on improving transition services and practice in their areas. The good practice promoted by the Conference supports implementation of Standard Four of the Children's NSF.

The conference will be held at the Royal College of Physicians, London. Booking details will be announced in future newsletters. For more information, or to register an early interest, please contact: Barney Larkin on 0207 9724363 / 4507 or email barney.larkin@dh.gsi.gov.uk

***Do you know of any other useful resources or opportunities for professional development? If you do, please let us know by email to:
j.e.mcdonagh@bham.ac.uk***