

Adolescent Resource Newsletter

November 2005

To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development.

Editor: Dr Janet E McDonagh, ARC Clinical Senior Lecturer in Paediatric and Adolescent Rheumatology

Enquiries to: Mrs Barbara Moore

Academic Secretary to Dr Janet E McDonagh

Institute of Child Health, Diana, Princess of Wales Children's Hospital
Steelhouse Lane, Birmingham B4 6NH. Tel: 0121 333 8730 Email: b.g.moore@bham.ac.uk

This newsletter was originally developed as part of a project (completed September 2004) funded by the Arthritis Research Campaign and undertaken on behalf of the British Society of Paediatric and Adolescent Rheumatology, Children's Chronic Arthritis Association, Lady Hoare Trust for physically disabled children and Arthritis Care.

Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents with chronic illness and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content.

*******Urgent Call for Young People*******

**who have experienced transition to adult care at first hand
to advise the Department of Health for the**

exciting forthcoming Transitions Conference in London in March 2006 (see below)

The person specification for this would be;

- experience of going through transitions,
- confidence to speak to people about their own experience,
- ability to listen to others experiences, and backgrounds, professions
- able and willing to travel, ability to reflect on their experience for the benefit of themselves and others.

The commitment would be for

- a 24 hour event in late November, early December.
- Occasional meetings with officers from the DOH
- Commitment to comment on guidance, video's and documents that are being developed to support this work
- Attending the National conference on the 23rd March
- Undertaking two or three events to share their knowledge and experience of transitions in different parts of the country.

If you know of any such young people please contact rob.willoughby@dh.gsi.gov.uk as soon as possible please!

Adolescent Webwatch

FOR YOUNG PEOPLE

Participation

 <http://www.helpyourselves.org.uk/helpyourself/index.jsp>

A new website launched by the charity Save the Children. The site is dedicated to giving young people the chance to speak out on local issues that affect them and develop projects that make a real difference to where they live.

Mental Health

 http://www.mcf.gov.bc.ca/mental_health/current_initiatives.htm

On-line **Teen Depression Self Help Tool** created by mental health experts and clinical psychologists from BC, Canada, the guide contains answers to many common questions about teen depression, interactive worksheets, and links to other sources of information. Intended to assist youth aged 13 to 17 who suffer from depression or who believe they have an early or mild form of depression.

FOR PROFESSIONALS

Transition

 <http://www.survivorshipguidelines.org>

US based long-Term Follow-Up Guidelines for professionals providing ongoing health care to survivors of Childhood, Adolescent, and Young Adult Cancers

 www.rch.org.au/transition

Transition resources on the web site of the Royal children's Hospital in Melbourne, Australia


Adolescent Health Training

 www.urmc.rochester.edu/gchas/div/adol/leah/index.htm


Adolescent health training resources from the Strong Children's Hospital, Division of Adolescent Medicine, Rochester, USA

Adolescent Bookshelf


FOR PROFESSIONALS

 Bleyer A. The adolescent and young adult gap in cancer care and outcome
Current Problems in Pediatric and Adolescent Health Care
Volume 35, Issue 5, May-June 2005, Pages 182-217
<http://www.sciencedirect.com/science/journal/15385442>

 Blumer I. Staying Afloat: Negotiating the Transition to Adult Care: The Adult Care Perspective. Canadian Journal Diabetes 2005;29:pp184-5

 Dovey-Pearce G, Hurrell R, May C, Walker C, Doherty Y. Young adults' (16-25 years) suggestions for providing developmentally appropriate diabetes services: a qualitative study. Health Soc Care Community 2005;13:409-19.

 Pacaud D. Bridge Over Troubled Water: Improving the Transition From Pediatric to Adult Care. The Pediatric Care Perspective. Canadian Journal Diabetes 2005;29:pp183-4

 Scott L, Vallis TM, Charette M, Murray A, Latta R. Transition of Care: Researching the Needs of Young Adults With Type 1. Canadian Journal Diabetes 2005;29:pp203-210
http://www.diabetes.ca/Section_Professionals/pub_cjd_sep2005.asp

Forthcoming Dates and Meetings for your diary!

2005 Year Of The Volunteer

For further details see www.yearofthevolunteer.org/html/about.html

November 1-7 National Youth Week

Theme “Enjoying and Achieving”

For more information watch www.nya.org.uk

November 16

Students with disabilities: the transition from School to university

One day symposium at Royal Institute of Public Health, 28 Portland Place, London

To register : Email Michelle Gillham on mgillham@riph.org.uk or

For further info contact Penny Moore on 0207291 8361 email pmorre@riph.org.uk

Public sectors and charities £140

Self Portrait UK – national touring exhibition dates

The Self-Portrait UK 14-19 Exhibition includes of the most innovative images, videos and audio self-portraits submitted to the campaign from across the UK by 14- 19 year olds

Peterborough Digital Arts, Museum & Gallery

8 October – 20 November

www.pdarts.org.uk

The New Art Gallery, Walsall

9 December 2005 - end of January 2006

www.artatwalsall.org.uk

Forthcoming Young NCB (National Children’s Bureau) opportunities for young People October – December 2005

Children's Rights Talkshops

- Northern Ireland on Sat 12th November 2005
- Manchester on Saturday 10th December 2005.

At the talksops young people will get to learn about your rights, meet fellow Young NCBers, go to workshops and find out what's happening in their local area.

There are 50 places available at each event. If young people are interested contact:

Email: info@ncb.org.uk

Phone: 020 7843 6067/6099

Mobile/text: 07734 581685

Forthcoming UNICEF opportunities for young people November – December 2005

Children's Rights roadshows:

- Cardiff on Saturday 19th November 2005
- Newcastle on Saturday 3rd December 2005

Young people will get the opportunity to learn skills such as fundraising, campaigning and public speaking. For more details check out their website

http://www.therightssite.org.uk/html/actnow_uyv_roadshow.htm or you can email emilye@unicef.org.uk

2006

Training Courses from the Trust for the Study of Adolescence

1 Feb 2006, London

Promoting emotional Well-being in young people

7-8 Feb 2006 (York), 4-5 July (London)

Working with Troubled Teenagers

23 February 2006 (London)

Anxiety and Depression in Young People

1 march 2006 (London)

who am I? Young People, Identity and self-esteem

5 April (York), 6 December 2006, (London)

Against the Odds – building resilience in young people

16 May, Manchester

Engaging and communicating with young people

For further details contact

Lise Hansen

Trust for the Study of Adolescence

23 New Rd

Brighton

BN1 1 WZ

Tel: 01273 771 249

Fax: 01273 729 098

Email: lhansen@tsa.uk.comn

March 22-25

Society of Adolescent Medicine, Boston, Massachusetts, USA

For further details see: www.adolescenthealth.org

March 23rd 2006**'Transitions'**

This conference will deal specifically with moving from paediatric to adult health care. Speakers will include young people themselves, and people from clinical, multi professional and multi agency teams who are leading on improving transition services and practice in their areas. The good practice promoted by the Conference supports implementation of Standard Four of the Children's NSF.

The conference will be held at the Royal College of Physicians, London. Booking details will be announced in future newsletters. For more information, or to register an early interest, please contact: Rob Willoughby rob.willoughby@dh.gsi.gov.uk

Do you know of any other useful resources or opportunities for professional development? If you do, please let us know by email to:

j.e.mcdonagh@bham.ac.uk