

Adolescent Resource Newsletter

June 2006

To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development.

Editor: Dr Janet E McDonagh, Clinical Senior Lecturer in Paediatric and Adolescent Rheumatology

**Enquiries to: Mrs Barbara Moore
Academic Secretary to Dr Janet E McDonagh**

Institute of Child Health, Birmingham Children's Hospital NHS Trust
Steelhouse Lane, Birmingham B4 6NH. Tel: 0121 333 8730 Email: b.g.moore@bham.ac.uk

Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents with chronic illness and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content.

Summer Opportunities for Young People!!

😊 Young People needed to help recruit staff for the office of the Children's Commissioner

Young NCB (www.ncb.org.uk) are looking for 6 young people aged 14, 15, 16 or 17 to help recruit 3 new members of staff for the Office of the Children's Commissioner (OCC).

Do you know any young people who might want to: Have a new learning experience? Earn £30 for each day you interview?

Are they: A good Listener? Able to write clear notes? Confident at voicing their views?

Can they: Make a meeting at **3pm** in **London** on Monday **10th July**? Be available to come to London by **10am** for at least **two** of the following dates **13th, 14th** and **17th July**?

Encourage young people to e-mail abyrne@ncb.org.uk as soon as possible to let them know that they would like to be involved in the recruiting project and the first six young people that do this will be offered the opportunity to do so.

😊 www.cafcass.gov.uk

The Children and Family court Advisory Service (CAFCASS) are offering a **three-day work placement** for two young people based in London. CAFCASS will pay for travel and lunch. For more details please contact Kathryn Grant on 0113 3947493 or email Kathryn.Grant@CAFCASS.GOV.UK

😊 New BBC series addressing Independence and Adolescence!

The BBC is offering a **group of teenagers (16-18 years old) the opportunity to get their own place and have their own independence.** With parent/carer permission, for a short period they would have to cope with all the challenges and responsibilities that come with an adult life, including trying out parenthood by looking after a baby or small child.

Interested 16-18 year olds who are free during the summer, currently still living at home and would like a chance to do things your way, please contact Adriana on 020 7843 6099 or email abyrne@ncb.org.uk at the National children's Bureau who will get in touch with the BBC.

Adolescent Webwatch

FOR YOUNG PEOPLE

On-Line Surveys and/or opportunities for young people

 <http://is-nri.com/take/?i=105250&h=nkKNQKJJ4PHBFRoraOMzEA>

Online survey for young people age 12-16 about whether advertising influences what they choose to eat and drink? How can they help to make healthy food more popular? The National Children's Bureau is working on a project to find out young people's views on food and drink advertising and have developed a short survey so young people can tell us what they think! They will then pass them on to the government to help them decide how to help children and young people make healthier choices about what they eat and drink. The closing date for the survey is Monday 10th July

 <http://www.byc.org.uk/images/youthatthetablesurvey020606.htm>

As part of the British Youth Council's Youth at the Table programme, they are producing resources and training for young people to support their involvement in governance (organisational decision-making). They want to ensure that the resources have lots of examples from young people of their experience and understanding of governance. They are keen for young people to complete the survey at <http://www.byc.org.uk/images/youthatthetablesurvey020606.htm> so that they can include their experiences in the resources

 <http://www.byc.org.uk/images/edbillquestionnaire080606.htm>

The government have published an Education Bill (The Education and Inspections Bill 2006); with the aim of ensuring that every child or young person gets the education they need to help them achieve their potential. However there has already been a lot of debate about whether this Bill will achieve this goal. The British Youth Council (BYC), the Children's Rights Alliance for England (CRAE) and the English Secondary Schools Association (ESSA) have teamed up to ensure that young people have a voice in the whole debate and that **children and young people have a say in how their schools are run**. So,....they are encouraging young people to answer their online questionnaire....!

 <http://www.dfes.gov.uk/consultations/conDetails.cfm?consultationId=1401>

The government is inviting views of young people as to how they think they can make their communities safer, healthier and greener. They can give their views online or print off the survey and send it to them in the post. To read the summary designed for young people: Sustainable Schools - Young People's Summary and to take part in the consultation, go to

<http://www.dfes.gov.uk/consultations/conDetails.cfm?consultationId=1401>

The deadline is 31st August 2006.

 <http://www.shoutmyentry.org/competition.html>

The Office of the Children's Commissioner want young people to show them what's on your mind. They also get to decide how they want to do it: draw it, paint it, photograph it, create it on a computer. All they have to do is complete an application form or send an email to myentry@shoutmyentry.org with their name, postal address, age, school and 30 words explaining what it's all about.

Winners will be judged in four age groups: up to 5, 6-11, 12-15, 16-18, and there are some **great prizes up for grabs!** The **deadline for entries is 28th July 2006** with judging taking place on 3rd August 2006. Prize winners will be notified by phone. To enter and to find out more about OCC and their competition go to <http://www.shoutmyentry.org/competition.html>

Politics for Young People

 www.headsup.org.uk


HeadsUp is a place where young people can **debate political issues and current affairs**. The debates involve the UK's top decision-makers from parliament and government who want to understand the views and experiences of young Britain. Every debate is supported by background information, quizzes, online polls and can be used inside or outside of school.

FOR PROFESSIONALS

Healthy Living

 <http://www.nichd.nih.gov/msy>

"**Media-Smart Youth: Eat, Think, and Be Active**"! is designed to help young people ages 11 to 13 become aware of how media may influence the choices they make. The materials, available free on the Web, were developed by the US National Institute of Child Health and Human Development (NICHD), one of the National Institutes of Health (NIH). The program's fun, hands-on, interactive activities teach critical thinking skills that will help young people make smart decisions about what they eat and how they spend their time. The "Media-Smart Youth" curriculum, available at <http://www.nichd.nih.gov/msy>, consists of 10 lessons and a major project that help young people acquire knowledge and skills in four key areas: Media awareness, Media production, Nutrition and Physical activity.

 <http://www.ic.nhs.uk/pubs/youngpeopledrugmisuse2006/youngpeopledrugmisusefull/file>
National Statistics on Young people and Drug Misuse – 2006 (England, UK)

Professional Bookshelf

Guidance on congenital heart disease

New Department of Health guidance provides indicators of high quality care for congenital heart disease services in the areas of transition from children's to adult services, access to expertise, multidisciplinary working and special needs.

A commissioning guide for services for young people and Grown Ups with Congenital Heart Disease (GUCH) is designed to assist commissioners of NHS services and to inform patients' expectations of NHS services.

http://www.dh.gov.uk/PolicyAndGuidance/HealthAndSocialCareTopics/CoronaryHeartDisease/CoronaryArticle/fs/en?CONTENT_ID=4097752&chk=8RkkNF

 Kaufman M. Transition of cognitively delayed adolescent organ transplant recipients to adult care. *Pediatr Transplant* 2006;10:413-7

 Lyon ME, Kuehl K, McCarter R. Transition to adulthood in congenital heart disease: missed adolescent milestones. *J Adolesc Health* 2006;39:121-4.

 McDonagh JE, Southwood TR, Shaw KL. The impact of a coordinated transitional care programme on adolescents with juvenile idiopathic arthritis. Rheumatology 2006 June 20 (Epub ahead of print)

 Shannon C. "You just don't understand me" (article about transition!) Physiotherapy Frontline. The Chartered Society of Physiotherapy magazine 21 June 2006;12:16-19

Forthcoming Dates and Meetings for your diary!

9-14 July 2006

EuTEACH Summer school, University of Lausanne

For further information,

www.euteach.com

Prof. Pierre-André Michaud

Médecin chef

Unité multidisciplinaire de santé des adolescents

CHUV - Centre hospitalier universitaire vaudois, 1011 Lausanne, Switzerland

email: euteach@chuv.ch

8 September 2006

Negotiating Transition: Joint Working with Young People with Learning Disabilities and Mental Health Problems at Transition.

Venue (Birmingham) to be announced

Free conference in Birmingham to announce a new Guide to Services at Transition for Young People with Learning disabilities and Mental Health Problems. The conference will invite a multi-disciplinary perspective on transition from professionals and carers, and will include presentations on: An introduction to the Guide; Findings from Research into the transition 'system' from the perspectives of commissioners, practitioners, carers and service users. Communication with young people with Profound and Multiple Learning Disabilities; Psychiatric support for young people with learning disabilities at transition; Carers' perspectives on transition services and of the 'business' of negotiating transition; Person Centred Approaches to transition planning for young people with complex needs.

The Guide has been sponsored by the Health Foundation and has been developed in accordance with standards laid down by the National Institute for Clinical Excellence. It draws upon a substantial programme of research conducted by the University of Birmingham. The Guide will be available in a practical form for use by commissioners, professionals and carers. A version suitable for use with young people with learning disabilities will also be available. Both will be available for delegates on the day and by request to the address below. To book a place, please email n.j.lemesurier@bham.ac.uk indicating Conference on Negotiating Transition 8 September 2006 in the subject; or phone to 0121 678 2363, leaving your email and / or contact details.

21-23 September 2006.

European Adolescent Health conference, Athens

The main theme is adolescent obesity and eating disorders, with a substantial element of general adolescent health. Please click on the following link for details:

<http://www.prctravel.gr/iaah/en/FirstAnnouncement.htm>

5-7 October 2006

Childhood and Adolescent Obesity conference

1st conference on Recent Advances in the Prevention and Treatment of Childhood Obesity and its complications for health professionals.

Vancouver, BC, Canada

Check www.interprofessional.ubc.ca for updates

Do you know of any other useful resources or opportunities for professional development? If you do, please let us know by email to: j.e.mcdonagh@bham.ac.uk