

A.R.T. NEWSLETTER

Adolescent Rheumatology Team

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SHE'S BACK!!!!

The Rheumatology Team would like to say a big welcome back to Dr. Penny Davies. She re-joined the team as a consultant a few months ago!



Young People needed to help recruit staff for the office of the Children's Commissioner

Young NCB (www.ncb.org.uk) are looking for 6 young people aged 14, 15, 16 or 17 to help recruit 3 new members of staff for the Office of the Children's Commissioner (OCC).

Do you want to: Have a new learning experience? Earn £30 for each day you interview?

Are you: A good Listener?
Able to write clear notes?
Confident at voicing your views?

Can you: Make a meeting at 3pm in London on Monday 10th July? Be available to come to London by 10am for at least two of the following dates 13th, 14th and 17th July?

If you are interested e-mail abyrne@ncb.org.uk as soon as possible to let them know that you would like to be involved in the recruiting project and the first six young people that do this will be offered the opportunity to do so.

Therapy days

The Adolescent Rheumatology Team are hoping to try and set up a programme on a weekly basis for all you guys over the summer.

We've got some ideas already but it would be great to hear your thoughts. If you've got any suggestions about what we could do you can pass them on to Heather if you see her about the waiting room or you can email her on heather.clarke@bch.nhs.uk

Try and make your suggestions as interesting as possible (within reason obviously!) and we can see what we can do! We are hoping to try and set up an initial Opinion day where some of you can come along and

CALLING ALL WANNABE CHEF'S!!

(Or anyone else interested in cooking!!)

Michelle's Restaurant on Corporation is street is offering a fantastic opportunity to a group interested in cooking. The chef's will provide a demonstration of cooking authentic French food like snails, and then you will be able to taste the food and enjoy a delicious meal afterwards. If you are interested contact Heather on heather.clarke@bch.nhs.uk or you can call the department on 0121 333 8212 and speak to her.

First come first serve!!!!



We're Online!

Check out the Adolescent Rheumatology Team's website at:

www.dreamteam-uk.org

You can keep up to date with what's going on in the world of Adolescent Rheumatology and you can have your say on the site's own forum!

dreamteam

Q&A with the Adolescent Rheumatology Team

We have a new team member joining us for the summer...welcome to Heather Clarke. Heather is a local brummy girl who is studying physiotherapy at university. She will be working with us for the next 3 months!.....

What did you want to be when you were 14?

A physio! I've always wanted to be a physio from the age of about 10...before that I was sure I was going to be a hairdresser!!

Who was your pop idol?

Kylie and Jason first time round and then Boyzone I'm afraid.....Ronan was my favorite!

What Magazine's did you read when you were 13?

Sugar, Mizz and Smash Hits (I used to collect the song words!!)

What living person do you most admire?

Paula Radcliff....how can anyone run that far??

Where would you like to live?

I'd like a posh city centre flat where I'd be close to all the shops and all my friends could come round to mine before a night out

What is your favorite journey?

The one from my house to Coventry Uni where I study. I love going back there after holidays to catch up with all my friends and I suppose do a bit of studying too!!

What are your favorite phrases?

'Bothered!' and 'How rude?!'

What single thing would improve the quality of your life?

More money...it's a tough life being a student and scraping the barrel!! I live on toast!

What would your motto be?

In the words of Forest Gump: "Life is like a box of chocolates, you never know what you're gonna get!"

If you could travel back in time , who would you like to meet and why?

My Grandad, he died before I was born and I've heard such great things about him



New BBC series addressing Independence and Adolescence!

The BBC is offering a **group of teenagers (16-18 years old) the opportunity to get their own place and have their own independence.** With parent/carer permission, for a short period they would have to cope with all the challenges and responsibilities that come with an adult life, including trying out parenthood by looking after a baby or small child.

Interested 16-18 year olds who are free during the summer, currently still living at home and would like a chance to do things your way, please contact Adriana on 020 7843 6099 or email abyrne@ncb.org.uk at the National children's Bureau who will get in touch with the BBC.

LOOK!!

STOP PRESS!

We still want to hear your views on the Parson House waiting room.

What do you think of it now and how could it be improved?

You can email your answers to Heather at:

heather.clarke@bch.nhs.uk

Don't forget to check out the website at www.dreamteam-uk.org